The Luso Thermal Water is recognized for its diuretic, detoxifying and soothing effect. These properties derive from its specific ionic composition and hypo saline, being therefore indicated for the treatment of metabolic disorders. Its diuretic effect allows for the elimination of several toxins and metabolites, restoring the blood’s biochemical balance, which reflects in a wellbeing sensation.

**Therapeutic indications:** diabetes, cholesterol, uric acid.

**Testimonial**

“I suffer from hypertension and for more than 10 years I have been coming to Termas de Luso. It is my intention to continue attending. I always felt better after the treatments. I feel fine in here.”

Leonel Domingos
INCLUDED:

- Medical appointment
- Admission fee
- Water ingestion
- 3 Treatments per day during 6, 12 or 18 days

### Price List

<table>
<thead>
<tr>
<th>Metabolic Program - Basic</th>
<th>DURATION</th>
<th>Low Season Jan/Feb/Nov/Dec</th>
<th>Mid-Season Mar/Apr/MayJun/Oct</th>
<th>High Season Jul/Aug/Sep</th>
</tr>
</thead>
<tbody>
<tr>
<td>Metabolic Program - Basic</td>
<td>6 Days</td>
<td>269,00€</td>
<td>296,00€</td>
<td>314,00€</td>
</tr>
<tr>
<td>Metabolic Program - Basic</td>
<td>12 Days</td>
<td>449,00€</td>
<td>501,00€</td>
<td>535,00€</td>
</tr>
<tr>
<td>Metabolic Program - Basic</td>
<td>18 Days</td>
<td>610,00€</td>
<td>683,00€</td>
<td>732,00€</td>
</tr>
</tbody>
</table>

**GENERAL INFORMATIONS**

- The program must start from Monday to Friday at high season and on Monday in the remaining months.
- Being the customer wish and if the doctor does not see any inconvenience, it is possible to add to the program extra treatments. Please ask the doctor advice during the initial medical appointment.
- Complete your program with thermal spa treatments and benefit from 15% discount. (Cannot be accumulated with other offers and discounts).
- Bathrobe, slippers, and swim cap are included at admission fee.