TREATMENTS using Luso Thermal Water, along with Physical Medicine and Rehabilitation techniques, promotes a recognized benefits in several rheumatic and musculoskeletal disorders: pain relief, reducing the inflammatory activity, and increase the amplitude of movement of stiff joints, standardizes the muscle tone and stimulates the muscle endurance, resulting in a significant functional improvement.

**Therapeutic indications:** Osteoarticular pathology (ostearthrosis, inflammatory rheumatism in non-acute phase) or abaticular pathology (tendinopathy, bursitis), especially in the most frequently affected areas (spine, hip, knee, ankle, foot, shoulder, elbow, hand) and post-traumatic sequelae.
**GENERAL INFORMATIONS**

- The program must start from Monday to Friday at high season and on Monday in the remaining months.
- Being the customer wish and if the doctor does not see any inconvenience, it is possible to add to the program extra treatments. Please ask the doctor advice during the initial medical appointment.
- Complete your program with thermal spa treatments and benefit from 15% discount. (Cannot be accumulated with other offers and discounts).
- Bathrobe, slippers, and swim cap are included at admission fee.

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**INCLUDED:**

- Medical appointment
- Admission fee
- Water ingestion
- 3 Treatments per day during 6, 12 or 18 days

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**Price List**

<table>
<thead>
<tr>
<th></th>
<th>DURATION</th>
<th>Low Season Jan/Feb/Nov/Dec</th>
<th>Mid-Season Mar/Apr/May Jun/Oct</th>
<th>High Season Jul/Aug/Sep</th>
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<tbody>
<tr>
<td>Musculoskeletal Program - Basic</td>
<td>6 Days</td>
<td>272,00€</td>
<td>299,00€</td>
<td>320,00€</td>
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<tr>
<td>Musculoskeletal Program - Basic</td>
<td>12 Days</td>
<td>455,00€</td>
<td>507,00€</td>
<td>546,00€</td>
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<tr>
<td>Musculoskeletal Program - Basic</td>
<td>18 Days</td>
<td>619,00€</td>
<td>692,00€</td>
<td>748,00€</td>
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</tbody>
</table>

**INCLUDED:**

- Medical appointment
- Admission fee
- Water ingestion
- 3 Treatments per day during 6, 12 or 18 days